ALCOHOL SCREENING AND BRIEF INTERVENTION
with Christy Johnson

A third of adults in the US drink at levels that put their health or relationships at risk. Brief interventions by health care professionals are proven to lead to reductions in alcohol consumption.

Alcohol Screening and Brief Intervention with Christy Johnson provides realistic opportunities to learn best practices firsthand in a safe, stress-free learning environment.

Appointments with Standardized Patients
Pre-Test Role-Play

Screening

Brief intervention

Referral

Simulation Group
Training with Christy Johnson

80% played ≥ 5 times
59% played ≥ 10 times

Appointments with Standardized Patients
Post-Test Role-Play

Control Group
No Training

THREE MONTHS

Mean Change from Pre-Test to Post-Test

Control Group

Simulation Group

27.10%

6.80%

11.10%

-3.80%

Screening

Intervention

The control group had more prior training on average than the simulation group, but no significant difference in skill pre-test. Alcohol Screening and Brief Intervention with Christy Johnson helped the control group build skills without any other background in alcohol intervention training.

Alcohol Screening and Brief Intervention with Christy Johnson significantly improved the ability of health care professionals to screen for alcohol misuse or dependence and conduct brief interventions. Applied to real patients, these skills are known to lower rates of alcohol consumption and save lives.